# WIC

# A Special Food and Nutrition Education Program For Women, Infants and Children

#### WHO IS ELIGIBLE?

- > A pregnant woman
- > A breastfeeding woman
- > A woman who has recently been pregnant
- > An infant or a child less than 5 years old

#### SERVICES PROVIDED:

- > Nutritious foods
- > Nutrition counseling
- > Breast feeding support
- > Health care referral

### TO BE ELIGIBLE, YOU MUST ALSO:

- Have a low or moderate incomeAND
- Have a special need that can be helped by WIC foods and nutrition counseling

### APPROVED WIC FOODS:

Milk, cheese, eggs, cereals, peanut butter, fruit or vegetable juices, dry beans or peas, iron fortified formula

YOU DO NOT HAVE TO BE ON PUBLIC ASSISTANCE TO APPLY.

CALL YOUR LOCAL HEALTH DEPARTMENT FOR MORE INFORMATION.

### Georgia WIC Program

State WIC Office
Division of Public Health
Georgia Department of Human Services
Two Peachtree Street, NW
10<sup>th</sup> Floor
Atlanta, GA 30303

**Telephone: 1-800-228-9173** 

http://wic.ga.gov

## **INCOME ELIGIBILITY GUIDELINES** (Effective from July 1, 2011 to June 30, 2012)

Household size		Reduced Meal Income Limits				
	Annually	Monthly	Twice A Month	Every Two Weeks	Weekly	
1	20,147	1,679	840	775	388	
2	27,214	2,268	1,134	1,047	524	
3	34,281	2,857	1,429	1,319	660	
4	41,348	3,446	1,723	1,591	796	
5	48,415	4,035	2,018	1,863	932	
6	55,482	4,624	2,312	2,134	1,067	
7	62,549	5,213	2,607	2,406	1,203	
8	69,616	5,802	2,901	2,678	1,339	
For each additional family member add	+ 7,067	+ 589	+ 295	+ 272	+ 136	